

## Simply TMJ

with Robert Hackwood, RMT

*A continuing education seminar*

**September 28 & 29, 2019**

**Vernon, BC**

Saturday & Sunday 9:00 am - 6:00 pm

**14 CEUs**

### *Registration*

\$500 + GST

### *Contact OVCMT*

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### *Location*

Okanagan Valley College of Massage Therapy

#200-3400 30th Avenue

Vernon, BC V1T 2E2

### Course Outline and Objectives

This is a comprehensive workshop on the temporomandibular joint (TMJ) and soft tissues involved.

We will walk through the functional anatomy and physiology of movement of the TMJ. Measuring the movement of the jaw and taking a base line will help us determine if the problem is muscular or derangement of the joint. (The measuring tool is included in the cost of the tuition.) The "Achilles heel" of the TMJ will be explored. Then we will learn the common areas of pathology and how we can rebalance the tissues to restore harmony to this difficult joint. These tissues include external and internal tissues and how to reposition the disc within the joint.

There are an enormous number of your clients suffering with pain and noises in the TMJ. You will be given the tools to help with their suffering and as a result build your practice through word of mouth.

You will be shown clear directions for homecare to help progress and maintain the changes you facilitate in your treatment room. Your patients will feel confident in your knowledge and understanding of this often-misunderstood area after you have taken this course.

**Robert Hackwood** has been a practicing RMT for over 25 years and has been teaching for over 17 of those years. He teaches and mentors Cranial sacral techniques, TMJ seminars, Muscle Energy Technique, Neuromuscular therapy, and Visceral Techniques. He is constantly studying and improving his skills in these areas.