

Assessing and Treating the Dura

With Gayle Heinrich, RMT, MSc., BSc(Kines).

A continuing education workshop

September 14—16, 2018

Vernon, BC

Friday 6:00—9:30 pm

Saturday & Sunday 9:00 am—5:30 pm

14 PE CEUs

Registration

\$650 + GST (Early Bird—\$550 + GST)

Early Bird Deadline: Sept 1, 2018

Registration Contact Info

Email: lisa_walker@ovcmt.com

Toll-Free Phone: 1-800-701-8863

Fax: 250-558-3748

Location

Okanagan Valley College of Massage Therapy

#200, 3400 - 30th Avenue

Vernon, BC V1T 2E2

Workshop Overview

This is not a craniosacral course. Dura mater is a component of the fascial tensional network. But work with dura necessitates a refined level of palpation therefore much of the weekend will be spend “hands-on”. Designed for RMTs with a minimum 2 years practical experience, this is an academic & practical class exploring the anatomy of the dura, tools for assessment & treatment techniques.

Topics covered:

- Anatomy of the dura – gross structure, embryological development, continuity with the fascial system, relationship to signs & symptoms
- Assessing & treating the spinal dura – differentiate between joint, rib, soft tissue & dural involvement
- Assessing & treating sacral spine & coccyx
- Cranial dural anatomy & treatment
- Influence of thoracic diaphragm on dural function

Learning Outcomes:

To increase understanding of dural anatomy, its influence on structure and how it is affected by other structures

To recognize when there is dural involvement via patient history, signs & symptoms & assessment

To develop palpation skill to assess & treat local dural adhesions and dysfunction within the global dural system

Register now, space is limited.

Gayle Heinrich has been an RMT for 15 years and holds Masters & Bachelors degrees in Kinesiology. She approaches her work believing the body is its own health mechanism and her job is to remove the barriers that prevent a body from functioning optimally.