

IASTM—Upper Body & Lower Body

with Dr. Nik Vizniak BSc,DC, RMT

A continuing education seminar

July 17 & 18, 2021

OVCMT—Vernon, BC

Saturday & Sunday 9:00 am - 5:00 pm

Registration

Practitioner Rate: \$250 + GST per day or \$400 +GST for both days (RMT or recent graduate)

***Student Rate:** \$85 +GST per day or \$155 +GST both days (must be past 2nd semester of RMT education)

14 CEUs

Day 1—IASTM Principles Lower Body (7 hr)(Back, hip thigh, gastrosoleus, plantar fascia)

Day2—IASTM—Principles Upper Body (7hr)(Back, neck, shoulder, forearm, carpal tunnel)

Contact OVCMT

Toll-Free Phone: 1-800-701-8863

Fax: 250-558-3748

Email: lisa_walker@ovcmt.com

Location

Okanagan Valley College of Massage Therapy
#200-3400 30th Avenue
Vernon, BC V1T 2E2

Course Overview:

This workshop provides a basic introduction to **research, indications, contraindications & intro to application.** Sample instruments from many manufacturers—bring your own and let's compare! Test drive the ProSTM IASTM tools. Learn in a fun, interactive environment.

Course Description:

Learn about Instrument Assisted Soft Tissue Mobilization (IASTM) and how it can benefit your practice, **save your hands, improve outcomes and prolong your career.** Discussion topic includes definition, basic application, soft tissue healing principles, review of the literature and application in practice. We let you try over 100+ instruments and tools to make your treatments easier and more effective – then you can choose the best option and **make an informed decision.** Stop with cookie cutter techniques and **start critical thinking & application** – including active mobilization therapies, **foam rolling, fascial cupping/lifting** and functional rehab protocols. See how IASTM is an extension of your body that will give you renewed confidence in skills to use in practice.

Dr. Nikita Vizniak (aka 'Dr. Nik'), BSc, DC, ERYT, RMT is a collection of ~214 bones, ~456 joints and soft tissues that loves to learn, teach and help people reach their optimal potential. He is an author, clinician and professor of clinical cadaver anatomy, exercise therapy, orthopedics, joint mobilizations, and a globally recognized subject matter expert. He is a practitioner at prohealthclinics.com and has authored many [textbooks](#), [youtube videos](#) and [CE courses](#) used around the world. He wants to help you work smarter not harder. Learn how IASTM can **decrease your treatment time, improve patient outcomes, and prolong your career**, by using your applied anatomy and critical thinking skills. 'Try the rest and choose the best' – we let you try many instruments and tools to make your treatments easier and more effective – then you can choose the best option and **make an informed decision!**