

# IASTM Core Principles— Full Body

with Dr. Nik Vizniak DC, RMT, ERYT

A continuing education seminar

May 23—24, 2020

OVCMT—Vernon, BC

Saturday & Sunday, 9 am—5 pm

14 CEUs

## Registration Fee

\$ 375 + GST

## Contact OVCMT

Toll-Free Phone: 1-800-701-8863

Fax: 250-558-3748

Email: [lisa\\_walker@ovcmt.com](mailto:lisa_walker@ovcmt.com)

## Location

Okanagan Valley College of Massage Therapy

#200—3400 30th Avenue

Vernon, BC V1T 2E2

## Course Overview:

In this course, you will learn about Instrument Assisted Soft Tissue Mobilization (IASTM) and how it can benefit your practice, **save your hands, improve outcomes and prolong your career.** Clinically proven treatment and assessment techniques with a huge collection of 100+ instruments to give you an affordable, unbiased opportunity to decide for yourself which tools will work best in your practice.

- Learn how IASTM can **decrease your treatment time, improve patient outcomes, and prolong your career**, by using your applied anatomy and critical thinking skills
- ‘Try the rest and choose the best’ – we let you try over 100+ instruments and tools to make your treatments easier and more effective – then you can choose the best option and **make an informed decision** – bring your own instruments to the class for comparison!
- Stop with cookie cutter techniques and **start critical thinking** & application – including active mobilization therapies, foam rolling, cupping and functional rehab protocols.
- Multidisciplinary Peer Reviewed Integration (DC, DO, MD, ND, PhD, PT, RMT, RN).
- Rapid instructional design, basic & advanced treatment options.
- Can be used with other techniques – **MET, active release, pin & stretch, myofascial release, joint mobilizations.**
- **Build your practice** with referrals through our preferred providers list and extend your practice life by using IASTM.

For more information please visit:

<https://prohealthsys.com/continuing-education/iastm/>

Dr. Nikita Vizniak (aka ‘Dr. Nik’), BSc, DC, ERYT, RMT is a collection of ~214 bones, ~456 joints and soft tissues that loves to learn, teach and help people reach their optimal potential. He is an author, clinician and professor of clinical cadaver anatomy, exercise therapy, orthopedics, joint mobilizations, and a globally recognized subject matter expert. He is a practitioner at [prohealthclinics.com](http://prohealthclinics.com) and has authored many [textbooks](#), [youtube videos](#) and [CE courses](#) used around the world. He wants to help you work smarter not harder. Learn how IASTM can **decrease your treatment time, improve patient outcomes, and prolong your career**, by using your applied anatomy and critical thinking skills. ‘Try the rest and choose the best’ – we let you try many instruments and tools to make your treatments easier and more effective – then you can choose the best option and **make an informed decision!**