

Manual Therapy for the Fascial Body

With Sheryl Hamilton, RMT, B.Sc.

A continuing education workshop

December 1, 2019

Vernon, BC

Sunday 9:00 am—5:00 pm

6 PE CEUs

Registration

\$250 + GST

Registration Contact Info

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Location

Okanagan Valley College of Massage Therapy

#200, 3400 - 30th Avenue

Vernon, BC V1T 2E2

Workshop Overview

Fascia, and the fluid associated with it, is continuous throughout the body. During this class, we will rely on the tensegrity model and continuity of structure to gently assess and treat fascial distortions in the body as a whole.

You will learn to:

Palpate and assess the whole fascial body;

Recognize patterns of restriction in the fascial body as a whole;

Learn to work with the fluid in the fascia to restore normal irrigation and function;

Extend your career by learning a gentle, non-invasive approach.

This course will teach you to recognize the body as a whole unit, and treat it as such. You will learn how to easily and gently resolve fascial distortion by acknowledging the unity of the whole, and by accessing the fluids in the fascia.

Sheryl Hamilton has been an RMT for 22 years, and has taught massage therapy and related sciences in New York, NY and Vernon, BC for almost 10 years. She brings a deep understanding of living human anatomy and a curiosity and fascination about the healing process and how best to facilitate it.

