

Manual Therapy for Joints

With Sheryl Hamilton, RMT, B.Sc.

A continuing education workshop

April 21, 2019

Vernon, BC

Sunday 9:00 am—5:00 pm

6 CEUs

Registration

\$250 + GST

Registration Contact Info

Email: lisa_walker@ovcmt.com
Toll-Free Phone: 1-800-701-8863
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Location

Okanagan Valley College of Massage Therapy
#200, 3400 - 30th Avenue
Vernon, BC V1T 2E2

Workshop Overview

Low-back pain alone in the US costs \$100 billion per year in lost revenue and related expenses. This workshop will help you become part of the solution to this pervasive problem.

You will learn to:

- Locate and treat joint dysfunction in the spine and upper and lower extremities
- Use osteopathic principles to gently and effectively mobilize restricted joints
- Extend your career by straining your body less in treatment

Traditional joint mobilization techniques can be taxing on the body of the practitioner and patient alike. If you are looking for a gentler way to approach joint health, this workshop is for you. Learn to work with the body to support it in healing and mobilizing restricted joints. You will leave with easy-to-use techniques that will help you improve your clinical results right away.

Sheryl Hamilton has been an RMT for 22 years, and has taught massage therapy and related sciences in New York, NY and Vernon, BC for almost 12 years. She brings a deep understanding of living human anatomy and a curiosity and fascination about the healing process and how best to facilitate it.