



Massage Therapy, Blood Pressure & the Heart

with Debra Curties, RMT

A continuing education seminar

September 22-23, 2012

Vernon, BC

10 a.m. to 5 p.m. each day

12 CEUs

Registration

\$350 (Early Bird—\$325)

Early Bird Deadline: August 29, 2012

Contact OVCMT

Toll-Free Phone: 1-800-701-8863

Fax: 250-558-3748

Email: info@ovcmt.com

Location

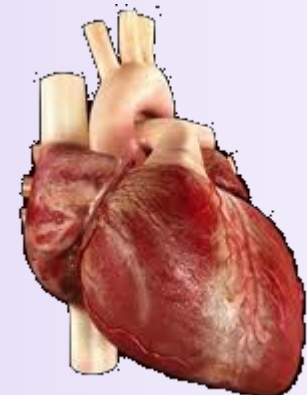
Okanagan Valley College of Massage Therapy

#200-3400 30th Avenue

Vernon, BC V1T 2E2



Knowledge of the relationship between blood pressure, heart stress and the effects of massage therapy is fundamental to the safe and appropriate treatment of many of the clients massage therapists work with. Massage therapists encounter clients with high blood pressure and heart-related concerns on an increasingly frequent basis. It is important to be able to evaluate a client's case information for cardiovascular stressors, to ask questions that will help evaluate the extent to which the heart has become compromised, and to adapt treatment plans for safety and effectiveness. This 2-day seminar will begin with a concise review of cardiac function and dysfunction, and then will take the participant through a series of practice-based scenarios to address case history taking and treatment plan decision-making.



Debra Curties RMT (Ontario), is the celebrated author of *Breast Massage* and *Massage Therapy and Cancer* and is an experienced Massage Therapy workshop facilitator. Prior to becoming a massage therapist, experiences included community work with homeless and troubled teenagers, and instructing in Women's Studies at the University of Toronto and York University. Debra graduated from Sutherland-Chan in 1984. She began teaching at Sutherland-Chan in 1985, where she continues to teach Pathology and Clinical Theory. Debra has also held the positions of Director of Education from 1985-89 and Executive Director from 1995 to present, in 1998 she joined the owner group. Debra is the recipient of the Ontario Massage Therapy Associations Meritorious Service award and the 2000 recipient of the AMTA COS Meritorious Service Award.